

# **Piedmont Heart Institute Patient Education**

## ***Fayetteville***

### **2019 DATES:**

- Tuesday, January 8- Exercise
- Tuesday, February 12- Women and Heart Disease
- Tuesday, March 12- Congestive Heart Failure
- Tuesday, April 9- Hypertension
- Tuesday, May 14- Stroke
- Tuesday, June 11- Benefits of Yoga and Mindfulness
- Tuesday, July 9- TBA
- Tuesday, August 13- Arrhythmias
- Tuesday, September 10- TBA
- Tuesday, October 8- Coronary Artery Disease
- Tuesday, November 12- Right-Sided Heart Failure
- Tuesday, December 10- Stress Management

### **TIME:**

Lunch- 11:30 am - 1:00 pm

### **LOCATION:**

1279 West Highway 54  
3rd Floor Conference Room C  
Fayetteville, GA 30214

**RSVP to Amber Bradley at 770.304.4160**