

Preventing Infection – IMPORTANT Pre-Operative Measures



Hibiclens (CHG) Shower

- Instructions provided at PAT visit
- Performed 3 days in a row before surgery
- Removes germs from skin to prevent germs from getting in surgical wound



Preoperative Warming

- Research shows keeping your body temperature normal during surgery helps prevent infection and decreases the need for blood transfusions



Betadine Nasal Swab

- Self-applied in the pre-op area prior to surgery
- Reduces MRSA bacteria colonized in the nose to help prevent infection after surgery



Avoid Shaving

- Skin is a potential source for surgical site infections
- Shaving can irritate your skin and make it easier to develop an infection



Hand Hygiene

- If you do not see your providers clean their hands, please ask them to
- Ensure visitors clean their hands
- Always clean hands before caring for your wound



Quit Smoking & Lower HbA1c

- Patients who smoke get more infections and have slower wound healing
- High blood sugar levels decrease your body's ability to fight infection