Piedmont Physicians Orthopedics & Sports Medicine provides fully certified and licensed medical professionals for the athletic training programs in Newton County and Social Circle high schools.

A certified athletic trainer is designated exclusively to each school - Alcovy, Eastside, Newton and Social Circle - to help prevent injuries, serve as the first responder and help injured athletes return to health. The athletic trainer attends the practices and games for all sports within the school’s athletic program.

In addition to the athletic trainers, Drs. Renée S. Riley and Ryan J. Tomlins attend the home games of sporting events to help keep students safe in the game. Both physicians trained at the highly acclaimed Andrews Sports Medicine and Orthopedic Center.

In the event of an injury during a sporting event, the medical professionals will assess the injury and accompany the athlete to the hospital when necessary. Students can then continue their medical care at Piedmont Physicians Orthopedics & Sports Medicine which allows the athletic trainers and physicians to closely collaborate in the office and monitor the “Return to Play” protocol and care of athletes. The athletic trainer keeps everyone connected - students, parents, physicians and coaches - which provides a team approach to recovery.

Dr. Reneé Riley has extensive training in athletic and sports-related injuries in adults and children. As a Board Certified Orthopedic Surgeon, she has a particular expertise and interest in knee, shoulder and elbow injuries. Dr. Riley is experienced in arthroscopic procedures, total joint replacements, and surgical and non-surgical procedures for broken bones. She offers extended office hours on Tuesday until 7:30 p.m. for patients unable to schedule appointments during the day due to work or school.

Dr. Ryan Tomlins specializes in general orthopedic care and the non-surgical treatment of athletic and sports-related injuries. Dr. Tomlins is certified in Tenex Health TX™ therapy, which treats diseased soft tissue and rapidly restores musculoskeletal function. He is the director of the Concussion Program for Newton County School System and certified to treat golf injuries by the Titleist Performance Institute.

The physicians and athletic trainers at Piedmont Physicians Orthopedics & Sports Medicine serve our student athletes in a variety of settings with exceptional care and attention. Because of their support and quality service, our athletic programs are safer and more successful.

- Jeff Cher, Principal, Eastside High School

Meet our Certified Athletic Trainers!

- Brent Kasai, ATC/L  
  Alcovy High School

- Felisha Quist, ATC/L  
  Eastside High School

- Kelsy Ney, ATC/L  
  Newton High School

- Joe Luzenski, MS, ATC/L  
  Social Circle High School

Piedmont Physicians Orthopedics & Sports Medicine is located in the Physicians’ Pavilion next door to Piedmont Newton Hospital.

4181 Hospital Drive, Suite 204  
Covington, Georgia 30014

Office Hours:  
Monday - Friday: 8 a.m. to 5 p.m.  
Tuesday: Extended hours until 7:30 p.m.  
Football Season Friday Evening Clinic

For more information, call 770.788.6534.
Pre-Participation Sports Physicals

Every spring, Piedmont Physicians Orthopedics & Sports Medicine serves Newton County and Social Circle schools with a pre-participation sports physical event. The team of physicians and athletic trainers offers a full day of physicals to pre-screen athletes who may be at risk for specific conditions at a reduced cost of $20. Half of the funds raised are donated to each school's athletic program. Identifying specific traits in one's health or family history, such as asthma or heart conditions, could potentially save the life of an athlete. When the athletic trainers are aware of these conditions, they can treat and monitor athletes for specific needs.

A Parent's Role in Injury Prevention & Recovery

As the parent, you are the most important part of the team approach to keep your child healthy and in the game. It's important to follow the advice of the athletic trainers off the field. Remember to communicate with your school's athletic trainer and utilize the connection he or she provides to your child's health. Always ask questions if you are unsure about an injury or how to care for it properly. It's also important for your child to attend practice each day in order to receive treatments.

Football Season Injury Clinic

Physicians and athletic trainers render care for injured high school athletes on Friday evenings during football season. The Injury Clinic is located within Piedmont Physicians Orthopedics & Sports Medicine's office in the Physicians' Pavilion next to Piedmont Newton Hospital. The athletic trainer for your child's school will arrange care when needed. A full history, exam and X-Ray are performed.

Dr. Renée Riley and Dr. Ryan Tomlins are proud to provide athletic training services to oversee injury prevention and recovery in the student athletic program.