

# Kidney transplant

## selection criteria

### Without Status 7

Our unique combination of a responsibly aggressive organ acceptance rate and high rates of patient survival has made Piedmont Transplant Institute (PTI) a national leader in kidney transplantation.

**We assess each patient individually but do apply the following guidelines:**

#### INDICATIONS

- Chronic Kidney Disease with GFR less than or equal to 20ml/min or on dialysis
- Mentally competent
- Desires a kidney transplant
- Candidates are 18 years of age or older

#### EXCLUSION CRITERIA

##### Absolute Contraindications


- Severe chronic lung disease
- Significant, nonreversible cardiac disease
- Uncontrolled diabetes with HbA1c greater than 9
- Uncontrolled HIV (positive viral load)
- Unstable major psychiatric disorders
- Inability to understand risks of transplant and care for self afterward (informed consent) without adequate domestic support
- Nicotine (smoking or vaping) use in the setting of:
  - » Coronary Artery Disease
  - » Peripheral Vascular Disease
  - » Chronic Lung Disease
- Active substance abuse (other than alcohol and marijuana)
- Chronic alcohol or marijuana use in the setting of:
  - » Dependence/addiction
  - » Adverse effects on health
  - » Moderate-severe psychiatric disease or history of noncompliance that will make it difficult to adhere to a post-transplant regimen
  - » History of substance abuse or substance dependence
  - » Excessive or frequent use that may indicate dependence
- Marijuana smoking in setting of:
  - » Chronic lung disease
  - » Hypotension requiring midodrine or other agents
  - » Coronary artery disease
  - » Peripheral vascular disease: ischemic stroke, prior amputation, vascular angioplasty/stenting bypass (renal or lower extremity arteries), carotid disease by US, carotid endarterectomy



## EXCLUSION CRITERIA

(Continued)

### Relative Contraindications

- 75 years of age or greater
  - Active malignancy, or incompletely treated malignancy (excluding nonmelanoma skin cancers)
  - History of complex malignancies
  - Active infection
  - Active immunologic disease
  - BMI greater than 45 (determination of eligibility will be based on additional criteria reviewed by the transplant team)
  - Advanced Liver Disease (unless patient considered for combined liver/kidney transplant)
  - Advanced vascular disease
  - Midodrine need
  - Use of a Direct Oral Anticoagulant (DOAC) or dual antiplatelet therapy in a candidate not willing to accept blood products (use of warfarin may be permitted if candidate is willing to accept fresh frozen plasma [FFP])
  - Evidence of previous substance abuse, abstinent less than 6 months
  - Nicotine use (smoking, vaping, smokeless with diabetes/comorbidities)
  - Marijuana use
  - Debility/mobility with poor rehabilitation potential
  - Frailty
  - Psychiatric disorder, mild to moderate
  - Dementia or severe cognitive disorder
  - Noncompliance
  - Incomplete work up
  - Inability to form therapeutic relationship with care team
  - Inability to manage a complex regimen
  - Financial/social support issues that make it unlikely that the patient will be able to sustain successful transplantation
  - Probation, unresolved criminal charges or pending criminal investigations
  - Incarceration
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If you have any questions, or for more information,  
we can be reached at: 888.605.5888 or 404.605.4600

[piedmont.org/transplant](https://piedmont.org/transplant)

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