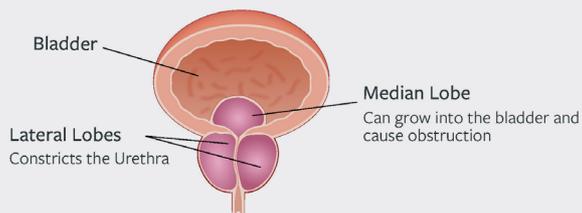


## What is benign prostatic hyperplasia?

Known commonly as an enlarged prostate, benign prostatic hyperplasia (BPH) is a condition that becomes more common with age. It's important to know that BPH is not the same as prostate cancer. When your prostate becomes enlarged, it may constrict the urethra, making it difficult for you to urinate. It may also put pressure on the bladder, which can cause the bladder to weaken and you to have difficulty emptying it.

### Obstructive median lobe

Prostate glands have lateral lobes, which surround the urethra, and a median lobe, which sits between the ejaculatory ducts and the urethra. When the median lobe swells, it may grow into the bladder. We treat an obstructive median lobe differently than obstructive lateral lobes.



*Real change lives here*

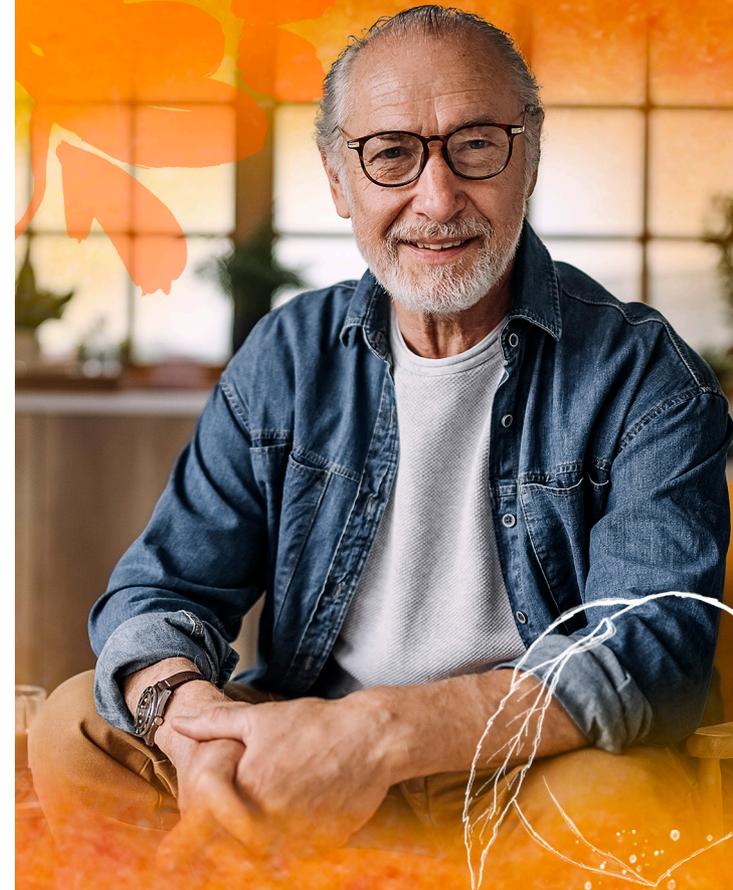
1255 Highway 54 West  
Fayetteville, Georgia 30214

[piedmont.org/fayette](http://piedmont.org/fayette)

11057-0523

# Empowering you through information

What to know about  
Benign Prostatic Hyperplasia (BPH)



 **Piedmont**

*Real change lives here*

## What are the effects of BPH?

### Short-Term

The two most common symptoms of BPH likely to impact you in day-to-day life are:

- frequent urination, which may cause you to wake up several times a night or disrupt your daily routine
- difficulty emptying your bladder, which may cause you to push or strain when urinating or to have a weak stream that starts and stops

### Long-Term

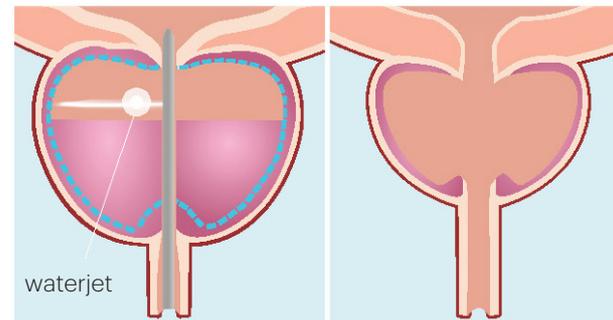
If your BPH symptoms are left untreated, you may experience serious complications, including recurrent urinary tract infections, bladder stones, and damage to your kidneys. Taking certain BPH medications for too long can increase your risk of heart failure and dementia.

### What is the latest treatment for BPH?

We offer an advanced, minimally invasive option that uses imaging and robotic technology to control a heat-free waterjet that removes the problematic prostate tissue. No incision is necessary, as we will access your prostate through your urethra.

### What are the advantages of this procedure?

- Because the imaging and robotic technology offer precision, men treated with this form of therapy experience a very low rate of irreversible complications, such as incontinence, ejaculatory dysfunction, and erectile dysfunction. Your surgeon will create a personalized treatment plan, designed to maintain sexual function and continence.
- While the procedure is performed in a hospital under anesthesia and usually involves an overnight stay, it takes less than an hour to complete.
- This course of treatment has been proven to offer years of relief from BPH symptoms.



Waterjet Removing Tissue

Treated Prostate



### Questions to ask your doctor

- How big is my prostate? What is its measurement?
- Does my prostate have a lobe protruding into the bladder?
- Will I get significant symptom relief from medications or other procedures?

Find a Piedmont Fayette-affiliated provider:

**770-460-9777**