



TITLE: **LAB SPECIMEN COLLECTION INSTRUCTIONS – URINE**

EFFECTIVE DATE: 06/26/19

PERFORMED BY: Resource for Specimen Collections

MANUAL: Specimen Collection Manual

FORMULATED BY: Lab Phlebotomy Supervisor

## **Urine Collections**

Using URINE CUPS (not a Urine kit)

- If urine is collected in Regular Urine Cup (not from kit) deliver to lab in sealed transport bag rather than sending through tube station. Container (not lid) is to be labeled with barcode label or minimum 2 appropriate identifiers (refer to specimen labeling procedure).

Using URINE KITS: (containing Urine Cup & Vacuum tubes)

- The Kit contains a Urine Cup & Vacuum tubes.
- Urine is collected into the urine cup. The lid is tightly secured.
- Urine kit vacuum tubes are filled with urine by pressing each kit tube into the hole in the top of the urine cup & filling each kit tube via the adapter needle & vacuum tubes.
- Each urine tube must be appropriately labeled with necessary patient information / barcode label (See Specimen Labeling policy).
- Kit Urine Tubes – send to Lab in sealed transport bag via tube station or hand-deliver.
- Kit Urine CUP – Do not send through the tube station. Discard in biohazard trash.

### **INSTRUCTIONS FOR MID-STREAM URINE COLLECTION:**

- Wash hands
- Remove cleansing towelette. Cleanse perineal / genital area with towelette with
  - Females: Separate folds of urinary opening with thumb and forefinger and cleanse area between fold with towelette, using downward strokes only. Keep folds separated during urination into urine container.
  - Males: Clean head of penis.
- Remove lid from specimen container. Do not touch inside of container or Lid.

- Begin urination into toilet. As urination continues, bring collection device into the stream. Fill container half full
- Label container (not the lid) with appropriate patient information
  - Patient Name
  - Date of Birth or Hospital/ID #
  - Date / Time of Collection
  - Collector's initials
- If using electronic handheld device, scan labeled sample to complete collection process. If not using electronic handheld device, complete collection in the computer system.
- Deliver specimen to Laboratory immediately.

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<b>Document Approver:</b>	Laboratory Medical Director
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<b>Revision Dates:</b>	08/25/15 Removed this table at end of procedure. Updated effective date in header. 11/08/16 Piedmont Header. 12/24/18 complete collection process by scanning labeled sample or enter in computer system. 06/26/19 Added Urine Kit instructions.