



Change, Challenge, and Opportunity:

Diabetes for the Primary Care Provider

October 21, 2023

Shaheen Auditorium • Piedmont Atlanta Hospital • 7:00 a.m. to 1:30 p.m.

5.0 AMA PRA Category 1 Credits™ • 5.0 Nursing Contact Hours • 5.0 Hours of Continuing Pharmacy Education
5.0 AAPA Category 1 CME credits • 5.0 CPEUs for Dietitians • 5.0 Hours IPCE Credit

Educational Objectives

At the conclusion of the conference, participants will be able to:

1. Discuss pharmacologic treatment options for managing diabetes
2. Differentiate the classifications of diabetes
3. Explain the role of technology in managing diabetes.
4. Identify when to refer to specialists for additional management of diabetes and co-morbidities
5. Apply clinical decision-making tools to achieve treatment goals for people with diabetes.

Educational Audience

Physicians, nurse practitioners, physician associates, nurses, dietitians, diabetes educators, and other health care professionals who manage patients with diabetes.

Conference Materials:



Accreditation Statements and Continuing Education Credit

This activity was planned by and for the healthcare team and learners will receive 5 Interprofessional Continuing Education (IPCE) credits for learning and change. In support of improving patient care, Piedmont Healthcare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Piedmont Healthcare designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Piedmont Healthcare is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 5.0 continuing professional education units (CPEUs) for completion of this program/material.

Piedmont Healthcare has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Agenda

7:00 a.m. to 8:00 a.m.

Registration and Continental Breakfast and Visit Exhibitors

8:00 a.m. to 8:05 a.m.

Welcome

Jennifer Gilligan, M.D.
Piedmont Healthcare

8:05 a.m. to 9:00 a.m.

When Should I Use an SGLT2-inhibitor or a GLP-1 agonist?

Stephen Clement, M.D.
Director of Academics and Research, Endocrinology and Metabolism, INOVA
Adjunct Associate Professor, Georgetown University

Associate Professor of Medical Education, University of Virginia

9:00 a.m. to 10 a.m.

When to Suspect Type 1 Diabetes in a Sea of Type 2: Updates on Pathogenesis, Epidemiology, and Screening

Evan Los, M.D.
Chair, Ballad Health Pediatrics
Associate Professor, Pediatric Endocrinology, East Tennessee State University

10 a.m. to 10:30 a.m.

Fatty Liver in 2023 – MASHing it All Up and Putting it All Together Again

Lance Stein M.D.
Piedmont Atlanta Hospital

10:30 a.m. to 11:00 a.m.

Break/Snack/Visit Exhibitors

11 a.m. to 12 p.m.

Ask the Expert: Technology for Managing Diabetes

Viral Shah, M.D.
Associate Professor, Barbara Davis Center for Diabetes, University of Colorado

12 p.m. to 12:30 p.m.

What Everybody Needs to Know About Ordering CGMs

Shelby Puckett and Kiajah Reynolds
Premier Kids Care

12:30 p.m. to 1 p.m.

Exercise is Medicine: Partnering with Your Medical Fitness Facility

Paige N. Jones, III
Piedmont Atlanta Hospital

1 p.m. to 1:30 p.m.

The Patient Perspective: Own It and Take Charge

Zach Wells



Real change lives here



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Powerpoint Presentations



Course Evaluation/Completion Certificates



Last day to complete the Evaluation for CE credit is November 11, 2023.

Disclosure Information for Diabetes Conference

The following planners report no relevant financial relationships: Sally Brozek RDN, Kaltoum DeFazio BSN, Margaret Earnest RDN, Linda Groarke, Steven Leichter MD, Dionne Lyne-Rowan PhD, James Pippim MD, Adriana Ruiz PA-C, Don Tyson PharmD. The following faculty report no relevant financial relationships: Paige N. Jones, Shelby Puckett, Kiajah Reynolds, Zach Wells

Ann Blair DPN, planner for this activity, reports the following financial relationship: Provider Clinical Support for Glytec

Stephen Clement MD, faculty for this activity, reports the following financial relationship: Research Study Principal Investigator for NovoNordisk.

Jennifer Gilligan MD, planner for this activity, reports the following financial relationship: Speaker for Eli Lilly.

Evan Los MD, faculty for this activity, reports the following financial relationships: Stockholder for Vertex Pharmaceuticals, Xeris Pharmaceuticals, Medtronic, Dexcom, Tandem, Proventive Bio.

Viral Shah MD, faculty for this activity, reports the following financial relationships: Research Grants for NovoNordisk, Alexion, JDRF, and NIH; Speaker for Tandem Diabetes Care, Dexcom, Insulet, Embecta; Advisory Board for Sanofi, NovoNordisk.

Lance Stein MD, faculty for this activity, reports the following financial relationships: Speaker and consultant for Intercept Pharmaceuticals; Speaker and consultant for Abbvie; Speaker for Gilead; Advisor for GSK; Research for Durect, Viking, and Ocelot.

All relevant financial relationships have been mitigated by Piedmont Healthcare.

Thank you to the following exhibitors for their participation in the conference:

Abbott, Bayer, Betabionics, Boehringer-Ingelheim, Dexcom, Eli Lilly, Insulit, NovoNordisk, Salix Pharmaceuticals, Sanofi, Tandem, Xeris Pharmaceuticals

Contacting the CME Program

For questions or other issues related to continuing professional education at Piedmont Healthcare, please contact Linda Groarke, Program Administrator, Continuing Medical Education, at Linda.Groarke@piedmont.org.