

# Internship Program



## FITNESS CENTER

2001 Peachtree Road, NE, Suite 100

Atlanta, Georgia 30309

Phone: 404.605.1966

Fax: 404.609.6866

[piedmonthospital.org](http://piedmonthospital.org)



# VISION, MISSION, VALUES

## Vision 2020

By 2020, Piedmont Healthcare will be nationally recognized as a Top 10 community healthcare system where patients want to go for a superior healthcare experience, dedicated professionals want to work, and the best physicians want to practice.



## Mission

Healthcare marked by compassion and sustainable excellence in a progressive environment, guided by physicians, delivered by exceptional professionals, and inspired by the communities we serve.



## Values

Compassion  
Commitment  
Service  
Excellence  
Balance



# PIEDMONT PROMISE

**At Piedmont Healthcare, we've made a promise.**

A promise that we will make your safety our priority.

A promise to recognize that this sterile environment can still be warm. That “hospital” and “hospitality” are not similar just by coincidence. And that world-class healthcare is even better when it's down to earth.

The promise means that, even though we love working here, we understand you may not want to be here. It means knowing patients are more informed than ever, but realizing that “endoscope,” “laparoscope” and “colonoscope” all sound equally intimidating.

Our promise is to be respectful of your time.

We promise to alleviate your fear. By hearing your concerns. To do everything in our power to make you well. And keep you well. So we'll remind you to: Get your colonoscopies, get your mammograms, exercise at least three times a week, and eat your vegetables.

We promise to empower you to take charge of your healthcare. By providing you with some of the world's best doctors, nurses and specialists. The latest in medical technology. Information you can understand. And lots of genuine, heartfelt concern.

**That's our promise.**



# Fitness Center

When you become a member of the Piedmont Atlanta Hospital Fitness Center, you are guided through a private, comprehensive Personal Fitness Profile with an exercise physiologist. An exercise prescription is then developed based on your cardiovascular endurance, muscular strength/body composition, flexibility and, of course, personal goals. Whether it's losing 10 pounds or training for a triathlon, we want you to succeed.

Because the Center is affiliated with Piedmont Atlanta Hospital, we focus on disease prevention, rehabilitation of injuries and maintenance of optimal health by educating our members and participants on fitness, nutrition and health.

The 25,000 square feet of recreational and workout space features state-of-the-art cardiovascular and strength training equipment, mirrored exercise rooms, lap pool and therapy pool, natural lighting, modern locker and shower facilities (including towels, body shampoo and built-in hair dryers).

Your fellow members live and work in the neighborhood. They are Piedmont employees and corporate professionals of all ages and levels of fitness. New moms are getting back in shape, executives are staying in shape, grandmothers are enjoying water aerobics, and families swim together in water skills classes.

# Internship Program

**Goal:** To provide undergraduate interns with hands on experience in the areas of exercise science, fitness, and health promotion.

Spring internship – January to April; **application deadline - October 15th**

Summer internship – May to July; **application deadline – March 15th**

Fall internship – August to December; **application deadline – June 15th**

## Internship program prerequisites

- High school diploma required
- Proof of current CPR certification
- Currently enrolled in an undergraduate exercise science or related major program at an accredited college or university
- Junior or senior student that has met his/her school's requirements to engage in an internship. Internship **must** be for school credit
- In-person interview with internship coordinator
- Successfully complete pre-employment physical and drug screening
- Pass criminal background check
- Complete student orientation

## Preferred Qualifications

- Nationally accredited fitness certification (ACSM, NSCA, ACE, NASM)
- Group exercise instruction experience

## Internship requirements

- Set goals and objectives for internship
- Perform job duties of an exercise physiologist (after dept. orientation)
- Complete at least one internship project
- Must be available between 9am and 5pm on most days (minimum 25 hrs/week)
- Completion of specific number of hours as required by academic institution
- Early mornings and evening hours required

## Application instructions

Submit an **official academic transcript and resume to:**

**Paige Jones III, ACSM-CEP-EIM3, CSCS**

**Manager**

**Piedmont Atlanta Fitness Center**

**paige.jones@piedmont.org**

**404-605-1960**